

Module 4F/Lesson Plan Objective 16-17:

Given the Advanced Manual, and the “Worksheet: Marital Strengths,” and the “How to Series: Working with Conflicted and Devitalized Couples,” the participant will review Dr. Olson’s ten recommendations for how to offer feedback for Conflicted or Devitalized Couples.

Instructor Activity

Student Activity

1. Explain where this skill fits in the larger scheme of the Advanced Workshop:
--This module/lesson is one further review of the results from the “National Survey of Marital Strengths,” and the results from Edward Kouneski’s dissertation, “Five types of marriage based on ENRICH: linking intrapersonal and interpersonal characteristics.” These results are used to develop recommendations for how to offer feedback to Conflicted or Devitalized couples, as applied by Dr. David Olson. This module should be taught any time **after** the Module 2B, “Identifying and Treating Couple Abuse,” since most couples who are Conflicted or Devitalized have some sort of abuse occurring in their relationship, as noted in the “National Survey of Spouse Abuse”/ “Power of Couple Type.”

2. State the objective:
--see above, and see slides 160, Objective 16, and 164, Objective 17.

3. Explain what skill check the students will need to complete in order to show mastery of the objective:
--the students will review the “Worksheet: Marital Strengths” and the students will complete an exam at the end of the Advanced Workshop.

4. Explain /demonstrate the relevance of this objective/skill to the students:
--the students will apply this knowledge in Module 4G “Applying Appropriate Feedback to the Couple,” Objective 22.

The students have the above materials in hand.
Students should check mark or highlight the text boxes in their Advanced Manual that match the slides that are light green in color on PowerPoint projection, or as noted by the seminar director.
Students may follow along in the Advanced Manual.

Students may ask any clarifying questions.

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Instructor Activity

--see slides 161-163, Goals in Treating Conflicted or Devitalized Couples.
5. Demonstrate the Relevant Practice, if necessary:
--not necessary at this time.
Note any common errors to avoid or discriminations to understand:
--the Seminar Director needs to emphasize all the goals in treating Conflicted or Devitalized couples, and note that these couples most likely have some sort of abuse occurring in their relationship, as noted in the “National Survey of Spouse Abuse” / “Power of Couple Types.”
--the Counselors need to be aware of their professional limitations in providing feedback to any couple in these typologies.
6. Teach the content the students need to know before they can practice the objective, if necessary:
--by design, the content is taught to the students by the students reviewing the “Worksheet: Marital Strengths.” The students will have already studied this content from the earlier Module 4B Marital Strengths. By Reviewing the “Worksheet: Marital Strengths” again, the students will reinforce this content.
7. Allow students to perform the Relevant Practice (objective), and provide timely feedback:
--the students review the “Worksheet: Marital Strengths,” (slide 160, Objective 16).

Student Activity

The students review the “Worksheet: Marital Strengths,” and ask any clarifying questions, (slide 160), Objective 16.

**Module 4F/Lesson Plan Objective 16-17:
Working with Conflicted or Devitalized Couples**

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Instructor Activity

--the students review the “**How to Series: Working with Conflicted and Devitalized Couples,**” (slide 164, Objective 17).

8. Let students self-check whether they are ready to demonstrate their ability to perform the skill as the objective states, if necessary:

--the skill at this time is simply reviewing the content of the “Goals in Treating Conflicted or Devitalized Couples,” as well as the rest of the “Worksheet: Marital Strengths.”

END of Module/lesson.

Student Activity _

The students review the “How to Series: Working with Conflicted and Devitalized Couples,” (slide 164), Objective 17

The students ask any clarifying questions.