

The Objective is known by reading the Procedure of each Objective:
(The PowerPoint slide/graphic or transparency is most likely optional. A large venue of students (twenty or more) will require the PowerPoint slide or transparency, so students can check their work against the projected graphic or transparency—rather than disturb the group with questions. Students may wish to work in pairs so to provide consistent corrective feedback to each other.)

Target Population: Clergy, Professional Counselors/therapists, maybe “Lay Mentor Couples”—all previously trained in the initial one-day PREPARE/ENRICH Seminar

Objective Introduction A:

Provide: the “Advanced Manual (For Version 2000)” in hand,
Procedure: the participant will be able to identify (check mark) the eight principles related to the ethics of using inventories; ...will discuss case study on an ethical choice about offering an assessment inventory. For feedback, the Seminar Director needs to provide cognitive feedback on choices expressed and discussed..

Delivery System: The Advanced Manual, (PowerPoint slide or transparency), and the instructor.

Objective Introduction B:

Provide: the “Advanced Manual (For Version 2000)” in hand,
Procedure: the participant will be able to identify (check mark) the three components from the Counselor Report for review: the Role Relationship Scale and the Revised Individual Male and Female score, and the Positive Couple Agreement Score, and will discuss these components within a case study to understand the unique issue of Traditional and Equalitarian role relationships. For feedback, the Seminar Director will provide cognitive feedback on discussion and accuracy of decision reached.

Delivery System: The Advanced Manual, (PowerPoint slide or transparency), and the instructor.

Objective Introduction C:

Provide: the Advanced Manual (the printed PowerPoint slide is the checklist)
Procedure: participants will be asked to check mark the benefits of the Prepare Outcome study. For feedback, the seminar director will ask the participants if they have completed this task and ask the workshop participants to state or briefly discuss these benefits.

Delivery System: The Advanced Manual, (PowerPoint slide or transparency), and the instructor.

Objective 1:

Provide: the Advanced Manual (the printed PowerPoint slide is the checklist)
Procedure: participants will be asked to check mark the benefits of the Prepare Outcome study. For feedback, the seminar director will ask the participants if they have completed this task.

Delivery System: The Advanced Manual, (PowerPoint slide or transparency), and the instructor.

Objective 2 A:

Provide: the Advanced Manual (the printed PowerPoint slide is the checklist)

Procedure: participants will be asked to check mark the ten most frequent problem issues for unhappy couples. For feedback, the seminar director will ask the participants if they have completed this task.

Delivery System: The Advanced Manual, (PowerPoint slide or transparency), and the instructor.

Objective 2 B:

Provide: the partially completed “Worksheet: Marital Strengths” (the worksheet is the checklist), ENRICH Counselor Report -- Conflicted Couple Type.

Procedure: participants will be asked to transfer correctly from the Computer Couple Report the male and female scores (using the specific item numbers) with the top 10 issues for unhappy marriages to the Worksheet: Marital Strengths; also to compare and contrast the top 10 issues with the couple’s score. For feedback, the seminar director will ask the participants if they have any questions.

Delivery System: The partially completed “Worksheet: Marital Strengths,” ENRICH Counselor Report, and the instructor.

Objective 3:

Provide: the Advanced Manual (the PowerPoint slide is the checklist) and the partially completed “Worksheet: Marital Strengths”

Procedure: participants will be asked to check mark the six reasons couples need to emphasize strengths in their marriage. For feedback, the seminar director will ask the participants if they have any questions.

Delivery System: The Advanced Manual, (PowerPoint slide or transparency), and the instructor and the partially completed “Worksheet: Marital Strengths.”

Objective 4 A:

Provide: the Advanced Manual (the PowerPoint slide is the checklist).

Procedure: participants will be asked to check mark the ten strengths of happy couples. For feedback, the seminar director will ask the participants if they have any questions.

Delivery System: The Advanced Manual, (PowerPoint slide or transparency), and the instructor.

Objective 4 B:

Provide: the partially completed “Worksheet: Marital Strengths” (the worksheet is the checklist) and the ENRICH Counselor Report -- Conflicted Couple Type.

Procedure: participants will correctly transfer from the Computer Couple Report the male and female scores (using the specific item numbers) with the top 10 strengths for happy marriages to the Worksheet: Marital Strengths; also to compare and contrast the top 10 strengths with the couple’s score. For feedback, the seminar director will ask the participants if they have any questions.

Delivery System: The partially completed “Worksheet: Marital Strengths,” the ENRICH Counselor Report, (PowerPoint slide or transparency), and the instructor.

Objective 5 A.:

Provide: the Advanced Manual (the PowerPoint slide is the checklist).

Procedure: the participants will be asked to check mark the four categories that distinguish happy for unhappy couples. For feedback, the seminar director will ask the participants if they have any questions.

Delivery System: The Advanced Manual, (PowerPoint slide or transparency), and the instructor.

Objective 5 B:

Provide: the Advanced Manual, the partially completed “Worksheet: Marital Strengths,” [the participants will have been asked to bring their PREPARE/ENRICH Counselor Manual-Appendix A]; a transparency or a graphic slide of Appendix A completed correctly.

Procedure: the participants will be asked to check mark and label, as instructed by the seminar director, each of these strengths (specific items, see details in objectives) within each of these four categories in Appendix A. of their PREPARE/ENRICH Manual. For feedback, the seminar director will show a transparency or a graphic slide of Appendix A completed correctly.

Delivery System: The Advanced Manual, the partially completed “Worksheet: Marital Strengths,” Appendix A, (PowerPoint slide or transparency), and the instructor.

Objective 5 C:

Provide: the partially completed “Worksheet: Marital Strengths” (the worksheet is the checklist), and the ENRICH Counselor Report -- Conflicted Couple Type.

Procedure: the participants will correctly transfer from the Computer Couple Report the male and female's scores (using the specific item numbers) from the four categories that significantly distinguish happy couples from unhappy couples to the Worksheet: Marital

Strengths; the participants will compare and contrast the four scorers with the couples scores. For feedback, the seminar director will ask the participants if they have any questions.

Delivery System: The partially completed “Worksheet: Marital Strengths,” the ENRICH Counselor Report, (PowerPoint slide or transparency), and the instructor.

Objective 6 A.:

Provide: the Advanced Manual (the PowerPoint slide is the checklist).

Procedure: the participants will be asked to check mark the five categories that develop strong marriages. For feedback, the seminar director will ask the participants if they have any questions.

Delivery System: The Advanced Manual, (PowerPoint slide or transparency), and the instructor.

Objective 6 B:

Provide: ENRICH Counselor Report -- Conflicted Couple Type, and the partially completed “Worksheet: Marital Strengths” (the worksheet is the checklist).

Procedure: the participants will be asked to transfer correctly from the ENRICH Counselor Report the male and female scores from the five categories for developing a strong marriage (using the specific item numbers within each of these five categories) to the Worksheet: Marital Strengths; the participants will compare and contrast the five categories for developing a strong marriage with the couples scores. For feedback, the seminar director will ask the participants if they have any questions.

Delivery System: The ENRICH Counselor Report, the partially completed “Worksheet: Marital Strengths,” (PowerPoint slide or transparency), and the instructor.

Objective 7:

Provide: ENRICH Counselor Report -- Conflicted Couple Type, and the partially completed “Worksheet: Marital Strengths” (the worksheet is the checklist).

Procedure: the participant will correctly transfer from the ENRICH Counselor Report the male and female PCA and Rev. Ind. scores from the Role Relationship Category to the Worksheet—see “Worksheet: Marital Strengths,” (page 4 of 4). If necessary, participants will review and note the ten items in the Role Relationship Category; the participants will compare and contrast these scores. For feedback, the seminar director will ask the participants if they have any questions.

Delivery System: The ENRICH Counselor Report, the partially completed “Worksheet: Marital Strengths,” (PowerPoint slide or transparency), and the instructor.

Objective 8:

Provide: the Advanced Manual (the PowerPoint slide is the checklist) and the partially completed “Worksheet: Couple Type”

Procedure: the participants will be asked to check mark the three factors that discriminate Couple Type. For feedback, the seminar director will ask the participants if they have any questions.

Delivery System: The Advanced Manual, (PowerPoint slide or transparency), and the partially completed “Worksheet: Couple Type,” and the instructor.

Objective 9 A-E:

Provide: the Advanced Manual; [the participants will have been instructed to bring the PREPARE/ENRICH Counselor Manual -- Appendix A]; ENRICH Counselor Report -- Conflicted Couple Type, a transparency or a graphic slide of the Personality Assessment in Appendix A completed correctly, as well as a transparency or a graphic slide of the page from the ENRICH Counselor Report page completed correctly.

Procedure: (A.) the participant will be able to identify (locate) the slide “Personality Factors” in the Advanced Workshop Manual; (B.) the participants will be asked to locate the page Personality Assessment in Appendix A, (C.) and label that page correctly, as instructed by the seminar director, (D.) as well as locate the Background Page of the Sample Computer Couple Report, (E.) and label that page correctly, as instructed by the seminar director. For feedback, the seminar director will show a transparency or a graphic slide of these pages completed correctly.

Delivery System: The Advanced Manual, Appendix A, the ENRICH Counselor Report, (PowerPoint slide or transparency Personality Assessment in Appendix A), and the instructor.

Objective 10 A-E:

Provide: the Advanced Manual; [the participants will have been instructed to bring the PREPARE/ENRICH Counselor Manual -- Appendix A]; ENRICH Counselor Report -- Conflicted Couple Type, a transparency or a graphic slide of the Couple System Factors in Appendix A completed correctly, as well as a transparency or a graphic slide of the background page from the ENRICH Counselor Report page completed correctly.

Procedure: (A.) the participant t will be able to identify (locate) the slide “Couple System Factors” in the Advanced Manual; (B.) the participants will be asked to locate the page Couple Closeness and Couple Flexibility in Appendix A, (C.) and label that page correctly, as instructed by the seminar director, (D.) as well as locate the Background Page of the ENRICH Counselor Report, (E.) and label that page correctly, as instructed by the seminar director. For feedback, the seminar director will show a transparency or a graphic slide of these pages completed correctly.

Delivery System: The Advanced Manual, Appendix A, (PowerPoint slide or transparency of Couple Closeness and Couple Flexibility of Appendix A, and Background Page of the ENRICH Counselor Report), the ENRICH Counselor Report, and the instructor.

Objective 11 A-E:

Provide: the Advanced Manual; [the participants will have been instructed to bring the PREPARE/ENRICH Counselor Manual -- Appendix A]; ENRICH Counselor Report -- Conflicted Couple Type, a transparency or a graphic slide of the Family –of-Origin Factors in Appendix A completed correctly, as well as a transparency or a graphic slide of the background page from the ENRICH Counselor Report page completed correctly.

Procedure: (A.) the participant will be able to identify (locate) the slide “Family-of-Origin Factors” in the Advanced Workshop Manual; (B.) the participants will be asked to locate the page Family Closeness and Family Flexibility in Appendix A, (C.) and label that page correctly, as instructed by the seminar director, (D.) as well as locate the Background Page of the ENRICH Counselor Report, (E.) and label that page correctly, as instructed by the seminar director. For feedback, the seminar director will show a transparency or a graphic slide of these pages completed correctly.

Delivery System: The Advanced Manual, Appendix A, the ENRICH Counselor Report, (PowerPoint slide or transparency of Family-of-Origin Factors in Appendix A, and the background page of the ENRICH Counselor Report), and the instructor.

Objective 12:

Provide: the Advanced Manual (the PowerPoint slide is the checklist), and the partially completed “Worksheet: Couple Type.”

Procedure: the participants will be asked to check mark the four factors Influencing Change in the Couple System. For feedback, the seminar director will ask the participants if they have any questions.

Delivery System: The Advanced Manual, the partially completed “Worksheet: Couple Type,” (PowerPoint slide or transparency), and the instructor.

Objective 13 A-D:

Provide: the partially completed “Worksheet: Couple Type” and the ENRICH Counselor Report—Conflicted Couple Type, and a transparency or graphic of the “Worksheet: Couple Type” completed correctly.

Procedure: (A.) the participants will be asked to complete the “Worksheet: Couple Type,” and (B.-D.) noting the Notes and Detail in the objectives. For feedback, the seminar director will model completing the “Worksheet: Couple Type” by displaying the transparency or graphic, guiding the participants through each step, and ask the participants if they have any questions.

Delivery System: The partially completed “Worksheet: Couple Type,” the ENRICH Counselor Report, Advanced Manual, (PowerPoint slide or transparency of the “Worksheet: Couple Type,” completed correctly), and the instructor.

Objective 14: A-G.

Provide: the partially completed “Worksheet: Personality Factors,” and the ENRICH Counselor Report—Conflicted Couple Type, and a transparency or graphic of the “Worksheet: Personality Factors” completed correctly.

Procedure: (A.) the participants will be asked to complete the “Worksheet: Personality Factors,” and (B-G.) noting the Notes and Detail in the objectives. For feedback, the seminar director will model completing the “Worksheet: Personality Factors” by

Delivery System: The partially completed “Worksheet: Personality Factors,” and the ENRICH Counselor Report, Advanced Manual, (PowerPoint slide or transparency of the “Worksheet: Personality Factors” completed correctly), and the instructor.

Objective 15 A-C:

Provide: the partially completed “Worksheet: Couple and Family Map,” “How to Series: Using Couple and Family Map,” and the ENRICH Counselor Report —Conflicted Couple Type, and a transparency or graphic of the “Worksheet: Couple and Family Map” completed correctly.

Procedure: (A.) the participants will be asked to complete the “Worksheet: Couple and Family Map,” noting the Notes and Detail in the objectives, check marking in the Worksheet the four suggested questions a Counselor should ask the couple, as well as the How to Series sheet, (B.) and the participants will identify and list on the Worksheet the developmental/situational stressors that contribute to change or movement for the couple/family on the Couple and Family Map. For feedback, the seminar director will model completing the “Worksheet: Couple and Family Map” by displaying the transparency or graphic, guiding the participants through each step, and then reviewing the How to Series sheet, and ask the participants if they have any questions.

Delivery System: The Advanced Manual, the partially completed “Worksheet: Marital Strengths,” (Power Point slide or transparency of the “Worksheet: Couple and Family Map” completed correctly), and the instructor.

Objective 16

Provide: the Advanced Manual (the PowerPoint slide is the checklist), and the partially completed “Worksheet: Marital Strengths.”

Procedure: the participants will be asked to check mark Dr. Olson’s ten recommendations for how to offer feedback for Conflicted or Devitalized Couples. For feedback, the seminar director will ask the participants if they have any questions.

Delivery System: The Advanced Manual, the partially completed “Worksheet: Marital Strengths,” (Power Point slide or transparency), and the instructor.

Objective 17 A-B:

Provide: the “How to Series: Working with CONFLICTED AND DEVITALIZED Couples,” and a transparency or graphic of a How to Sheet completed correctly.

Procedure: (A.) the participants will be asked to check mark the suggestions for how to use the ENRICH Counselor Report, items to review in the Background section of the ENRICH Counselor Report, (B.) and then circle the suggestions for how to use the “Building A Strong Marriage.” For feedback, the seminar director will display the transparency or graphic; ask the participants if they have any questions.

Delivery System: The “How to Series: Working with CONFLICTED AND DEVITALIZED Couples,” and a transparency or graphic of a How to Sheet completed correctly, and the instructor.

Objective 18

Provide: the Advanced Manual (the PowerPoint slide is the checklist).

Procedure: the participants will be asked to check mark the knowledge gained from the couples who participated in the National Survey of Spouse Abuse, as noted in the objectives. For feedback, the seminar director will ask the participants if they have any questions.

Delivery System: The Advanced Manual, (PowerPoint slide or transparency), and the instructor.

Objective 19 A-F:

Provide: the Advanced Manual, the partially completed “Worksheet: Identifying and Treating Spouse Abuse,” and the ENRICH Counselor Report—Conflicted Couple Type, and a transparency or graphic of the “Worksheet: Identifying and Treating Spouse Abuse” completed correctly.

Procedure: (A.-F.) the participants will be asked to complete the partially completed “Worksheet: Identifying and Treating Spouse Abuse,” as stated in the Detail in the objectives. For feedback, the seminar director will model completing the “Worksheet: Identifying and Treating Spouse Abuse,” display the transparency or graphic, guide the participants through each step, and ask the participants if they have any questions.

Delivery System: the Advanced Manual, the partially completed “Worksheet: Identifying and Treating Spouse Abuse,” and the ENRICH Counselor Report, and a

transparency or graphic of the “Worksheet: Identifying and Treating Spouse Abuse” completed correctly, and the instructor.

Objective 20:

Provide: the Advanced Manual, and the partially completed “Worksheet: Identifying and Treating Spouse Abuse.”

Procedure: the participants will be asked to check mark the goals for treating spouse abuse in the Advanced Manual and the “Worksheet: Identifying and Treating Spouse Abuse.” For feedback, the seminar director will ask the participants if they have any questions.

Delivery System: The Advanced Manual, the partially completed “Worksheet: Identifying and Treating Spouse Abuse,” (PowerPoint slide or transparency), and the instructor.

Objective 21 A-C:

Provide: the “How to Series: Dealing with Spouse Abuse” sheet, and a transparency or graphic of the How to Sheet completed correctly.

Procedure: (A.) the participants will be asked to identify (check mark) the goals in working with abusive couples, (B.) and the participants will be asked to check mark the suggestions for how to use the ENRICH Counselor Report, (C.) and to circle the suggestions for how to use the “Building A Strong Marriage” Workbook. For feedback, the seminar director will display the transparency or graphic; ask the participants if they have any questions.

Delivery System: the “How to Series: Dealing with Spouse Abuse” sheet, and a transparency or graphic of the How to Sheet completed correctly, and the instructor.

Objective 22:

Provide: All the Advanced Workshop materials: the Advanced Manual, all the Worksheets, the How to Series sheets, the ENRICH Counselor Report—Conflicted Couple Type. The participants will have been instructed to bring the PREPARE/ENRICH Counselor Manual, and the Workbook. In addition, a video of Dr. Olson participating in this exercise with a small group of workshop participants would be helpful.

Procedure: the participants will be asked to role play the six feedback sessions/exercises, trying to incorporate all the information from the studies into these feedback sessions. All the Worksheets will be reviewed as the participants begin this process. *The objective states more detail for this exercise.* After this group exercise in offering the six feedback sessions/exercise is completed, the video is played; then the seminar director guides a group discussion on the group’s feedback sessions and what Dr. Olson models in the video tape. Lastly, the seminar director reviews the preliminary treatment plan that has “been discovered / developed” on each of the participant’s worksheets. For feedback, the seminar director will show the video tape, guide group discussion, and ask if there are any questions.

Delivery System: All the Advanced Workshop materials: the Advanced Manual, all the Worksheets, the How to Series sheets, the ENRICH Counselor Report—Conflicted Couple Type, Appendix A in the PREPARE/ENRICH Counselor Manual, and the

“Building a Strong Marriage” Workbook, a video of Dr. Olson participating in this exercise with a small group of workshop participants would be helpful. The Advanced Manual, and the instructor to facilitate this exercise.

Objective 23 A-C:

Provide: the “How to Work with Cohabiting Couples sheet,” and a transparency or graphic of the How to Sheet completed correctly.

Procedure: (A.) the participants will be asked to check mark the goals in working with cohabiting couples, (B.) and the suggestions for how to use the ENRICH Counselor Report, (C.) and to circle the suggestions for how to use the “Building A Strong Marriage” workbook. For feedback, the seminar director will display the transparency or graphic; ask the participants if they have any questions.

Delivery System: the “How to Work with Cohabiting Couples” sheet, and a transparency or graphic of the How to Sheet completed correctly, and the instructor.

Objective 24 A-E:

Provide: the “How to Series: Stepping Stones to Developing a Caring Community of Couples,” and the “Worksheet: CCCC” (the How to Series and the Worksheet is the check list.).

Procedure: (A.-E.) the participants will be asked to check mark and highlight the items on the How to Series sheet as stated in the Detail of the objective, as well as complete the Worksheet: CCCC: producing an outline with a time line for establishing a Caring Community of Couples in his/her organization. For feedback, the seminar director will ask the participants to share there plans, and then ask if they have any questions.

Delivery System: the “How to Series: Stepping Stones to Developing a Caring Community of Couples,” and the “Worksheet: CCCC,” (PowerPoint slide or transparency of the “How to Series: Stepping Stones to Developing a Caring Community of Couples,” and the “Worksheet: CCCC,” and the instructor to facilitate this exercise.
END.