

**Answer Key-Michael Kennedy–Master’s Thesis, Idaho State University, Spring 2003
Evaluation for the Advanced Workshop For Version 2000, Life Innovations, Inc.**
Please **do not** write your name or your counselor identification number on this evaluation.

If you are a pastor, check mark any that apply: I have additional formal credentials in
_____ Marriage and Family Therapy or as a _____ Mental Health Professional.
(Speciality: _____)

If you are not a pastor, check mark any that apply:
I am a Marriage and Family Therapist _____ or a _____ Mental Health Professional.
(Speciality: _____)

A saying goes, “If the student hasn’t learned, the teacher hasn’t taught.” The purpose of this evaluation is to measure both how well this Advanced Workshop provided the knowledge and skill you need to use these materials, and how well you learned the material that was presented in the workshop today. This evaluation specifically asks questions related to your ability to read and understand information from the Advanced Workshop For Version 2000 Manual, the Computer Couple Report, the “How To Series” Sheets, then apply this information to your feedback options you may offer to the couple. This evaluation is based on an earlier task analysis, which reviewed the tasks a counselor who has completed an Advanced Workshop should be able to do, provided the counselor has the materials available to him/her that are listed below. The questions are purposely written at various levels of difficulty. You have been given all the materials you will need to complete this evaluation. Please try to complete this evaluation in no more than 40 minutes. If a question is too difficult for you to answer fairly quickly, then skip that item and return to it if you have time. There are 14 questions. *This evaluation is used as a way to measure the effectiveness of the Advanced Workshop, not you as a participant!* Thank you for your participation. We strive to improve the workshop materials.

All questions refer to the couple presented on the Sample Computer Couple Report supplied to you for this evaluation. Be certain to use any of Advanced Workshop materials you wish as you answer these questions: **Objective 3**

1. According to the Empowering Couples Program, why is emphasizing Strengths to the couple important to do during your feedback with the couple? Check mark the correct answer(s) below:
 - ✓ Strengths are what attracted couple to each other.
 - ✓ Couples can usually remember their strengths and can be taught to share them with each other.
 - ✓ After marriage, couples increasingly focus on negative aspects of the relationship.
 - ✓ Ratio of 5 positive to 1 negative comment predicts marital success (Gottman, 1999).

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2.A. According to the Role Relationship Category, does the male and female see their Role Relationship as Traditional or Equalitarian? Check mark the correct answer:

Traditional Role Relationship Equalitarian Role Relationship

- Male _____ Male
- Female _____ Female **Objective 7 and 19E**

B. According to the Role Relationship Category, is there a large difference between the male and female Revised Individual Scores? Check mark the correct answer:

- _____ Yes
- No **Objective 7and 19E**

C. According to the Role Relationship Category, is the Positive Couple Agreement score 70 or below? Check mark the correct answer:

- Yes
- _____ No **Objective 7 and 19E**

D. If you answered “yes” to either question 2A., 2B., 2C, would you inquire with the couple about their satisfaction regarding Role Relationship, why? Check mark the correct answer(s) below: **Objective 7 and 19E**

- 1. The discrepancy in Role Relationship is a factor for unhappy marriages.
- 2. The discrepancy in Role Relationship gives you reason to check for Partner Dominance and abuse issues.
- 3. The discrepancy in Role Relationship gives you reason to check for problems in Couple Flexibility.

3. Which of the categories (Couple System Factors) do you notice to be a problem issue for this couple? Check mark the factor(s) that are a problem issue: **Objective 10 A-E**

- Couple Closeness
- Couple Flexibility
- Abuse by Partner
- Partner’s Alcohol/Drug Use

4. Which of the categories (Factors Influencing Change) do you notice to be a problem issue for this couple? Check mark the factor(s) that are a problem issue: **Objective 12**

- Partner Dominance
- Assertiveness
- Couple Flexibility
- Couple Closeness

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5. According to the Couple's Type, which of the Clinical Implications below apply to your couple? Check mark the correct answer(s): **Objective 13B**

✓ "Personality" and "couple system" factors are as powerful in discriminating types as the ENRICH relationship scales.

_____ High Self-confidence and high assertiveness are associated with emotional connectedness and flexibility.

✓ High avoidance and high partner dominance are associated with disengagement and rigidity.

6. According to Couple's Type, which of the Clinical Suggestions below apply to your couple as you prepare to provide feedback with your couple? Check mark the correct answer(s) below: **Objective 13D**

✓ In working with less satisfied couple types, complement assertiveness skills training with an emphasis on changing negative patterns.

✓ Openly discuss partner dominance and couple flexibility issues.

✓ Use the "Couple and Family Map" to compare expectations both for closeness and for flexibility.

✓ Low Self-confidence and reported unhappiness may signal marital distress and suggest a need for individual psychological assessment.

✓ Recognize your own competencies and limitations as a counselor; refer couples to a marital and family therapist when needed.

✓ In some circumstances it may be appropriate to meet individually with each partner, to identify their issues or concerns.

✓ Then, bringing them together to discuss their commitment and goals.

✓ To build existing strengths of less satisfied couple types, examine single items from the ENRICH inventory on which there is agreement, especially Positive Couple Agreement (PCA) items.

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7. Which of the categories (Personality Factors) do you notice as a problem issue for this couple? Check mark the factor(s) that are a problem issue: **Objectives 9A-E; 14 A-G**

- Assertiveness
- Self-confidence
- Avoidance
- Partner Dominance
- How often Happy and Enjoy Life?

8. Using the Couple and Family Map, from the female's perspective of her couple relationship, which dimension(s) are unbalanced? Check mark the correct answer(s):

- Flexibility **Objective 15 A-C**
- Closeness
- Not applicable

9. ...continuing from question #9 above, which dimension deserves your attention first? Check mark the correct answer: **Objective 15 A-C**

- Flexibility Closeness

10. Do you have any concern for abuse between the members of this couple? Check mark the correct answer: **Objectives 19A-F; 21A-C**

- Yes
- No

11.A. If a member of the couple indicated the answer seldom to the question, "Abuse by Partner," what other categories and items would you "double check" within the Computer Couple Report to further complete your assessment of abuse? Check mark the correct answer(s): **Objectives 10D, 11D, 18, and 19A-F**

- Alcohol and Drug Factors
- Personality Factors
- Couple Relationship Factors
- Family Background Factors
- Couple Type
- Communication Relationship scale
- Conflict Resolution scale
- Family and Friends Relationship scale
- Personality Issues scale

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11.B. By “double checking” any of the above categories, what will this step possibly tell you? (Check mark the correct answer(s) below): **Objective 19 A-F**

- ✓ If abuse is occurring, the categories above may reveal the frequency of when the abuse occurs.
- ✓ If abuse is occurring, the categories above may reveal the type of abuse that is occurring.
- ✓ If abuse is occurring, the categories above may reveal the overall impact of the abuse upon the abused spouse.
- ✓ If abuse is occurring, the categories above will aid your decision whether to refer the couple to mental health specialist(s): i.e., specialist in family violence/marriage and family therapist.

12.A. For each category below (Couple System Factors) that **is** a problem for this couple, list two specific issues from that category that you will note as important to discuss with this couple. For example, **item # 25.** **Objective 10 A-E, 15A-C**

Couple Closeness

1. _ 139, 10, 37, 85

2. _ 113, 126, 2 (even 25,55 in light of abuse assessment)

Couple Flexibility

1. _ 4, 34, 64, 79, 94,

2. _ 108, 127, 141 _

12.B. This next item is found on the “Background Information” page of the ENRICH Report; it is related to Partner Dominance, which is part of the Personality Assessment. You need to include both a Category and an item number, for example: **item # 5, Communication.** List two specific issues you would note as important to discuss with this couple.

Abuse by Partner (related to Partner Dominance) **Objectives 10D, 11D, 18, 19A-F, and 21A-C**

1. 8 Leisure Activities, 33 Communication, 95 Conflict Resolution, 133 Personality Issue

2. 17 Personality Issues, 92 Personality Issues, 106 Personality Issues

13. For each category below (the Personality Factors) that **is** a problem for this couple, list **one specific issue and the Relationship Category from which it comes** that you will note as important to discuss with the couple. For example,

#121 Communication Relationship Category, or

#17 Personality Relationship Category.

Objectives 9A-E, 14A-G, 19C

Notice the question specifies Male or Female.

Assertiveness

Female

1. 3 Communication, 50 Conflict Res., 63 Comm, 101 Children & P, 107 Comm, 109 Conflict Res, 121 Comm.

Avoidance

Male

1.5 Conflict Resolution, 17 Personality Issues, (any listed in avoidance)

Partner Dominance

Male

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1. (Any in Partner Dominance, except 7 Personality Issues)

14. Overall, how confidently did you answer these questions?

- 1 Not confidently at all; I guessed much of the time
- 2 Somewhat confidently
- 3 Undecided
- 4 Confidently
- 5 Very confidently

Thank you for taking this evaluation and for helping to build strong marriages.